



Join us for a professional development opportunity exploring the *State of Mental Health for today's High School students* at Hilbert College! OCTOBER 22 FROM 10AM TO 2PM

10AM

Welcome by Randy Bowen, VP for Enrollment Management Carl "Sandy" Behrend – Former President of NYSACAC and NACAC, Current Hilbert Advisory Board Member

10:10AM - 10:30AM

Anne Constantino: State of Mental Health

10:30AM - 11:15AM

Patrick Greene: Now What? A trauma informed approach to normalizing the stress of change and understanding the moment we are in. How can we go from surviving to thriving? Utilizing the principles of community mental health counseling in the workplace.

BREAK 11:15AM - 11:25AM

PANELISTS 11:25AM - 12:15PM

Elizabeth Hole, Director of Outpatient Operations, Jeremy Hitt, Director of Terrace House, Patrick Greene, Program Director and Jen Loughran, Director of DEIB

12:30PM - 1:30PM Lunch | Swan Atrium

1:30PM - 2:15PM Campus Tour





